

ACUTE CORONARY SYNDROME



IT IS A TERM TO DENOTE THE CONDITIONS IN WHICH BLOOD SUPPLY TO HEART MUSCLE IS SEVERLY IMPAIRED.



SYMPTOMS ?

- CHEST PAIN DESCRIBED AS **CRUSHING, SQUEEZING OR HEAVY**.
- PAIN GENERALLY RADIATES TO ONE OR BOTH **ARMS, JAW, NECK, STOMACH OR BACK**.
- PAIN IS **SUDDEN** AND MAY WORSEN EVEN WITH REST.
- SHORTNESS OF BREATH.
- FEELING LIGHTEADED OR DIZZY.
- NAUSEA.
- COLD SWEATS.



IMMEDIATE STEPS ?

CALL EMERGENCY HEALTHCARE OR CONTACT YOUR DOCTOR.

- GIVE ASPIRIN- BUCCAL ABSORPTION OF CHEWED 160-325mg TABLET.
- NITROGLYCERIN- 0.4mg SUBLINGUAL (UPTO 3 TABLETS 5 MINUTES APART).
- IF PERSON IS UNCONSCIOUS, START CPR (30 CHEST COMPRESSIONS : 2 BREATHS). USE AUTOMATED EXTERNAL DEFIBRILLATOR IF AVAILABLE.

EARLY RECOGNITION AND PROMPT MEDICAL ATTENTION IS KEY TO SURVIVAL.



FOR MORE INFORMATION
REFER CDC WEBSITE.

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